



SUMMER MENU 2018

SALADS

- CHICKEN AND CAMEMBERT SALAD** R115
Tender grilled chicken fillet and crumbed local camembert set on house greens, segmented orange, avocado and a lime-ginger vinaigrette.
- FRESH FIG AND CRISP PANCETTA SALAD** 🌿 R120
Garden herb salad, fine beans, Danish feta, toasted walnut and balsamic reduction.
- ROAST BUTTERNUT AND BABY BEETROOT SALAD (V)** 🌿 R80
Crisp baby spinach, confit tomato, goat's cheese, toasted granola, buttermilk and wholegrain mustard dressing.

MAINS

All mains served with your choice of rustic cut fries, savoury rice or a house salad.

- OLD FASHION CHEESE BURGER (Beef or Chicken)** R135
With caramelized onion, gherkin, cheddar, crisp lettuce and tomato relish on a toasted sesame seed bun.
- WEST COAST HAKE (Beer Battered or Grilled)** R120
Served with a side of your choice, fresh lime wedges and tartare sauce.
- CLUB SANDWICH** R135
Chicken fillet, bacon, avocado, tomato, cheddar, mayonnaise and lettuce.

LIGHT MEALS

All light meals served with your choice of rustic cut fries or a house salad.

TOASTED WRAPS

- Grilled chicken** R65
Herb salad, Danish feta, caramelized onion, Peppadew, pineapple and creamy mayonnaise.
- Horseradish Beef** R90
Herb salad, cream cheese, caramelized onion, sliced gherkin, horseradish mayonnaise.
- Herb-roasted vegetable (V)** 🌿 R70
Herb salad, basil pesto cream cheese.

TOASTED SANDWICHES

- Chicken Mayonnaise** R65
- Cheese and Tomato (V)** R60
- Ham and Cheese** R65
- Smoked salmon, cream cheese and rye (open sandwich)** R125

SUSHI

CLASSICS

- Sashimi (4 pcs)** R95
Tuna | Salmon
- Nigiri (4 pcs)** R85
Salmon | Tuna | Prawn
- California Roll (8 pcs)** R100
Prawn | Salmon | Tuna
Vegetable (avocado and cucumber) R85
- Rainbow Roll (8 pcs)** R140
Salmon | Tuna
Vegetable (avocado, cucumber topped with rainbow vegetables) R90
- Fashion Sandwich (8 pcs)** R155
Prawn | Salmon | Tuna
- Maki Roll (8 pcs)** R85
Prawn | Salmon | Tuna
Vegetable (avocado and cucumber) R65
- Salmon Roses (4pcs)** R100

NEW STYLE

- Sashimi (6 pcs)** R115
Salmon | Tuna topped with new style sauce.
- The Bay Golden Roll (Deep-fried Sushi, 8 pcs)** R115
Cream cheese and avocado.
Salmon | Tuna | Prawn
- Dragon Roll (8 pcs)** R190
Salmon, avocado, spicy mayonnaise, salmon Roe, Sweet Soy sauce, spring onion and 7 spice.
- Tempura Rock Shrimp (4 pcs)** R145
California Roll topped with tempura prawn and a house made sauce.
Salmon | Tuna | Prawn
- Red Roof (8 pcs)** R165
Salmon, avocado, 7 spice, topped with tuna and teriyaki sauce.

COMBO PLATTERS

- 4 x 4** R175
Red Roof Tuna (4 pcs)
Dragon Roll (4 pcs)
- Salmon Zen (28 pcs, serves 2)** R425
Sashimi (4 pcs)
Nigiri (4 pcs)
California (8 pcs)
Rainbow (8 pcs)
Salmon Roses (2 pcs)
- The Bay Combo (24 pcs, serves 2)** R325
Rock Shrimp (4 pcs)
Tuna Sashimi (4 pcs)
Prawn Nigiri (4 pcs)
Salmon Roses (4 pcs)
Vegetable Maki (8 pcs)

SAKE

Cold bottled Sake 30ml shot	R35	Cold bottled Sake 180ml bottle	R185
-----------------------------	-----	--------------------------------	------

BEERS

Amstel	R35	Heineken	R40
Becks Non-Alcoholic	R35	Jack Black Pale Ale	R45
Castle	R30	Peroni Draft	R50
CBC Draught	R45	Windhoek	R35
Corona	R55		

CIDERS

Hunter's Dry	R35	Savanna Dry Light	R40
--------------	-----	---------------------	-----

COCKTAILS

Tommy's Margarita Strawberry Margarita	R80
Frozen Mango Daiquiri	R70
Frozen Strawberry Daiquiri	R70
Mojito	R75
Cosmopolitan	R65
Long Island Iced Tea	R65
Piña Colada	R65

HOUSE WINES

CHAMPAGNE	Glass	Bottle
Veuve Clicquot Brut	R180	R950
Veuve Clicquot Rosé	R220	R1 100
Moët & Chandon		R1 200
Dom Perignon		R3 600

ROSÉ	Bottle
Whispering Angel Rosé 750ml	R675
Whispering Angel Rosé 1,5L	R1 300
Cote des Roses	R480

WHITE WINE	Glass	Bottle
Glen Carlou Unwooded Chardonnay	R75	R240
Fryer's Cove Sauvignon Blanc	R70	R220
Vrede en Lust White Mischief	R65	R190
Hartenberg Alchemy	R50	R150

RED WINE	Glass	Bottle
Warwick First Lady Cabernet Sauvignon	R75	R220
Diemersdal Pinotage	R90	R260
RAKA Merlot	R90	R270
Groote Post Old Man's Blend	R60	R170

